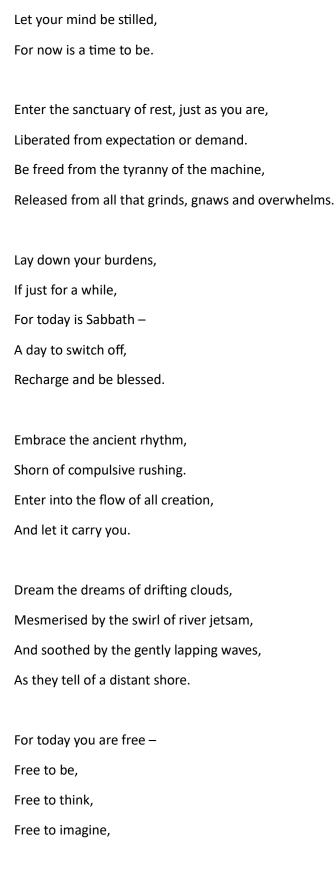
A Sabbath Blessing

Draw breath – long and deep.



| Free to explore, |
|--|
| Free to play, |
| Free to sing out, |
| Free to create, |
| Free to love. |
| |
| May you find freshness in the empty space, |
| And peace in the pause of relentlessness. |
| May you delight in this fallow time, |
| As you cherish the slow simplicity. |
| |
| Be attentive to your soul, |
| Be restored, |
| Renewed, |
| Refreshed, |
| Refilled – |
| |
| Shabbat. |
| |
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