

Deeper Connection #4 – Simplicity



Deeper Connection #4 – Simplicity

One of the joys of nature is its simplicity, whether this be the purity of snow, the timeless patterns of life, or the regularity of the rising and setting of the sun.

Taking as little with you as possible, whilst not exposing yourself to undue risks, means that you can connect with nature in a more intimate way, without the things which might otherwise insulate you from nature. In this sense, less really is more.

Image: Sgurr Thearlaich, Isle of Skye. Adrian Trendall.



We facilitate deeper, transcendent experiences of nature, helping people to find purpose, meaning, wholeness and delight. We invite you to take this card when you're next out in nature, to help you experience nature more fully. <https://beyondtheview.org.uk>